

COURSE HANDICAP CHARTS

Norwegian Golf Federation

Grenland & Omegn GK - Grenland & Omegn GK (gyldig t.o.m. 2036)

Men's - 59

Course Rating™: 73.2
Slope Rating®: 145 - Par: 71

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.5	+4	24.4 to 25.1	34
+4.4 to +3.7	+3	25.2 to 25.9	35
+3.6 to +2.9	+2	26.0 to 26.7	36
+2.8 to +2.2	+1	26.8 to 27.5	37
+2.1 to +1.4	0	27.6 to 28.2	38
+1.3 to +0.6	1	28.3 to 29.0	39
+0.5 to 0.2	2	29.1 to 29.8	40
0.3 to 1.0	3	29.9 to 30.6	41
1.1 to 1.7	4	30.7 to 31.4	42
1.8 to 2.5	5	31.5 to 32.1	43
2.6 to 3.3	6	32.2 to 32.9	44
3.4 to 4.1	7	33.0 to 33.7	45
4.2 to 4.9	8	33.8 to 34.5	46
5.0 to 5.6	9	34.6 to 35.3	47
5.7 to 6.4	10	35.4 to 36.0	48
6.5 to 7.2	11	36.1 to 36.8	49
7.3 to 8.0	12	36.9 to 37.6	50
8.1 to 8.8	13	37.7 to 38.4	51
8.9 to 9.5	14	38.5 to 39.1	52
9.6 to 10.3	15	39.2 to 39.9	53
10.4 to 11.1	16	40.0 to 40.7	54
11.2 to 11.9	17	40.8 to 41.5	55
12.0 to 12.7	18	41.6 to 42.3	56
12.8 to 13.4	19	42.4 to 43.0	57
13.5 to 14.2	20	43.1 to 43.8	58
14.3 to 15.0	21	43.9 to 44.6	59
15.1 to 15.8	22	44.7 to 45.4	60
15.9 to 16.5	23	45.5 to 46.2	61
16.6 to 17.3	24	46.3 to 46.9	62
17.4 to 18.1	25	47.0 to 47.7	63
18.2 to 18.9	26	47.8 to 48.5	64
19.0 to 19.7	27	48.6 to 49.3	65
19.8 to 20.4	28	49.4 to 50.1	66
20.5 to 21.2	29	50.2 to 50.8	67
21.3 to 22.0	30	50.9 to 51.6	68
22.1 to 22.8	31	51.7 to 52.4	69
22.9 to 23.6	32	52.5 to 53.2	70
23.7 to 24.3	33	53.3 to 54.0	71

Men's - 57

Course Rating™: 71.9
Slope Rating®: 143 - Par: 71

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.3	+5	24.2 to 24.9	32
+4.2 to +3.5	+4	25.0 to 25.7	33
+3.4 to +2.7	+3	25.8 to 26.5	34
+2.6 to +1.9	+2	26.6 to 27.3	35
+1.8 to +1.2	+1	27.4 to 28.1	36
+1.1 to +0.4	0	28.2 to 28.9	37
+0.3 to 0.4	1	29.0 to 29.7	38
0.5 to 1.2	2	29.8 to 30.5	39
1.3 to 2.0	3	30.6 to 31.2	40
2.1 to 2.8	4	31.3 to 32.0	41
2.9 to 3.6	5	32.1 to 32.8	42
3.7 to 4.4	6	32.9 to 33.6	43
4.5 to 5.2	7	33.7 to 34.4	44
5.3 to 6.0	8	34.5 to 35.2	45
6.1 to 6.7	9	35.3 to 36.0	46
6.8 to 7.5	10	36.1 to 36.8	47
7.6 to 8.3	11	36.9 to 37.6	48
8.4 to 9.1	12	37.7 to 38.4	49
9.2 to 9.9	13	38.5 to 39.1	50
10.0 to 10.7	14	39.2 to 39.9	51
10.8 to 11.5	15	40.0 to 40.7	52
11.6 to 12.3	16	40.8 to 41.5	53
12.4 to 13.1	17	41.6 to 42.3	54
13.2 to 13.9	18	42.4 to 43.1	55
14.0 to 14.6	19	43.2 to 43.9	56
14.7 to 15.4	20	44.0 to 44.7	57
15.5 to 16.2	21	44.8 to 45.5	58
16.3 to 17.0	22	45.6 to 46.3	59
17.1 to 17.8	23	46.4 to 47.0	60
17.9 to 18.6	24	47.1 to 47.8	61
18.7 to 19.4	25	47.9 to 48.6	62
19.5 to 20.2	26	48.7 to 49.4	63
20.3 to 21.0	27	49.5 to 50.2	64
21.1 to 21.8	28	50.3 to 51.0	65
21.9 to 22.5	29	51.1 to 51.8	66
22.6 to 23.3	30	51.9 to 52.6	67
23.4 to 24.1	31	52.7 to 53.4	68
		53.5 to 54.0	69

Men's - 53

Course Rating™: 70.3
Slope Rating®: 140 - Par: 71

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.7	+7	24.4 to 25.1	30
+4.6 to +3.9	+6	25.2 to 25.9	31
+3.8 to +3.1	+5	26.0 to 26.7	32
+3.0 to +2.3	+4	26.8 to 27.6	33
+2.2 to +1.5	+3	27.7 to 28.4	34
+1.4 to +0.7	+2	28.5 to 29.2	35
+0.6 to 0.1	+1	29.3 to 30.0	36
0.2 to 0.9	0	30.1 to 30.8	37
1.0 to 1.7	1	30.9 to 31.6	38
1.8 to 2.5	2	31.7 to 32.4	39
2.6 to 3.3	3	32.5 to 33.2	40
3.4 to 4.1	4	33.3 to 34.0	41
4.2 to 5.0	5	34.1 to 34.8	42
5.1 to 5.8	6	34.9 to 35.6	43
5.9 to 6.6	7	35.7 to 36.4	44
6.7 to 7.4	8	36.5 to 37.2	45
7.5 to 8.2	9	37.3 to 38.0	46
8.3 to 9.0	10	38.1 to 38.9	47
9.1 to 9.8	11	39.0 to 39.7	48
9.9 to 10.6	12	39.8 to 40.5	49
10.7 to 11.4	13	40.6 to 41.3	50
11.5 to 12.2	14	41.4 to 42.1	51
12.3 to 13.0	15	42.2 to 42.9	52
13.1 to 13.8	16	43.0 to 43.7	53
13.9 to 14.6	17	43.8 to 44.5	54
14.7 to 15.4	18	44.6 to 45.3	55
15.5 to 16.3	19	45.4 to 46.1	56
16.4 to 17.1	20	46.2 to 46.9	57
17.2 to 17.9	21	47.0 to 47.7	58
18.0 to 18.7	22	47.8 to 48.5	59
18.8 to 19.5	23	48.6 to 49.3	60
19.6 to 20.3	24	49.4 to 50.2	61
20.4 to 21.1	25	50.3 to 51.0	62
21.2 to 21.9	26	51.1 to 51.8	63
22.0 to 22.7	27	51.9 to 52.6	64
22.8 to 23.5	28	52.7 to 53.4	65
23.6 to 24.3	29	53.5 to 54.0	66

Men's - 48

Course Rating™: 67.8
Slope Rating®: 134 - Par: 71

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.5	+9	24.3 to 25.0	26
+4.4 to +3.7	+8	25.1 to 25.8	27
+3.6 to +2.8	+7	25.9 to 26.7	28
+2.7 to +2.0	+6	26.8 to 27.5	29
+1.9 to +1.1	+5	27.6 to 28.4	30
+1.0 to +0.3	+4	28.5 to 29.2	31
+0.2 to 0.5	+3	29.3 to 30.1	32
0.6 to 1.4	+2	30.2 to 30.9	33
1.5 to 2.2	+1	31.0 to 31.7	34
2.3 to 3.1	0	31.8 to 32.6	35
3.2 to 3.9	1	32.7 to 33.4	36
4.0 to 4.8	2	33.5 to 34.3	37
4.9 to 5.6	3	34.4 to 35.1	38
5.7 to 6.4	4	35.2 to 36.0	39
6.5 to 7.3	5	36.1 to 36.8	40
7.4 to 8.1	6	36.9 to 37.6	41
8.2 to 9.0	7	37.7 to 38.5	42
9.1 to 9.8	8	38.6 to 39.3	43
9.9 to 10.7	9	39.4 to 40.2	44
10.8 to 11.5	10	40.3 to 41.0	45
11.6 to 12.3	11	41.1 to 41.9	46
12.4 to 13.2	12	42.0 to 42.7	47
13.3 to 14.0	13	42.8 to 43.5	48
14.1 to 14.9	14	43.6 to 44.4	49
15.0 to 15.7	15	44.5 to 45.2	50
15.8 to 16.6	16	45.3 to 46.1	51
16.7 to 17.4	17	46.2 to 46.9	52
17.5 to 18.2	18	47.0 to 47.8	53
18.3 to 19.1	19	47.9 to 48.6	54
19.2 to 19.9	20	48.7 to 49.5	55
20.0 to 20.8	21	49.6 to 50.3	56
20.9 to 21.6	22	50.4 to 51.1	57
21.7 to 22.5	23	51.2 to 52.0	58
22.6 to 23.3	24	52.1 to 52.8	59
23.4 to 24.2	25	52.9 to 53.7	60
		53.8 to 54.0	61

COURSE HANDICAP CHARTS

Norwegian Golf Federation

Grenland & Omegn GK - Grenland & Omegn GK (gyldig t.o.m. 2036)

Women's - 57

Course Rating™: 77.9
Slope Rating®: 144 - Par: 71

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.3	1	24.8 to 25.5	39
+4.2 to +3.5	2	25.6 to 26.3	40
+3.4 to +2.7	3	26.4 to 27.1	41
+2.6 to +1.9	4	27.2 to 27.9	42
+1.8 to +1.1	5	28.0 to 28.7	43
+1.0 to +0.4	6	28.8 to 29.5	44
+0.3 to 0.4	7	29.6 to 30.2	45
0.5 to 1.2	8	30.3 to 31.0	46
1.3 to 2.0	9	31.1 to 31.8	47
2.1 to 2.8	10	31.9 to 32.6	48
2.9 to 3.6	11	32.7 to 33.4	49
3.7 to 4.3	12	33.5 to 34.2	50
4.4 to 5.1	13	34.3 to 34.9	51
5.2 to 5.9	14	35.0 to 35.7	52
6.0 to 6.7	15	35.8 to 36.5	53
6.8 to 7.5	16	36.6 to 37.3	54
7.6 to 8.3	17	37.4 to 38.1	55
8.4 to 9.1	18	38.2 to 38.9	56
9.2 to 9.8	19	39.0 to 39.7	57
9.9 to 10.6	20	39.8 to 40.4	58
10.7 to 11.4	21	40.5 to 41.2	59
11.5 to 12.2	22	41.3 to 42.0	60
12.3 to 13.0	23	42.1 to 42.8	61
13.1 to 13.8	24	42.9 to 43.6	62
13.9 to 14.5	25	43.7 to 44.4	63
14.6 to 15.3	26	44.5 to 45.1	64
15.4 to 16.1	27	45.2 to 45.9	65
16.2 to 16.9	28	46.0 to 46.7	66
17.0 to 17.7	29	46.8 to 47.5	67
17.8 to 18.5	30	47.6 to 48.3	68
18.6 to 19.3	31	48.4 to 49.1	69
19.4 to 20.0	32	49.2 to 49.9	70
20.1 to 20.8	33	50.0 to 50.6	71
20.9 to 21.6	34	50.7 to 51.4	72
21.7 to 22.4	35	51.5 to 52.2	73
22.5 to 23.2	36	52.3 to 53.0	74
23.3 to 24.0	37	53.1 to 53.8	75
24.1 to 24.7	38	53.9 to 54.0	76

Women's - 53

Course Rating™: 75.9
Slope Rating®: 140 - Par: 71

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.4	+1	24.7 to 25.5	36
+4.3 to +3.6	0	25.6 to 26.3	37
+3.5 to +2.8	1	26.4 to 27.1	38
+2.7 to +2.0	2	27.2 to 27.9	39
+1.9 to +1.2	3	28.0 to 28.7	40
+1.1 to +0.4	4	28.8 to 29.5	41
+0.3 to 0.4	5	29.6 to 30.3	42
0.5 to 1.2	6	30.4 to 31.1	43
1.3 to 2.0	7	31.2 to 31.9	44
2.1 to 2.9	8	32.0 to 32.7	45
3.0 to 3.7	9	32.8 to 33.5	46
3.8 to 4.5	10	33.6 to 34.3	47
4.6 to 5.3	11	34.4 to 35.1	48
5.4 to 6.1	12	35.2 to 35.9	49
6.2 to 6.9	13	36.0 to 36.8	50
7.0 to 7.7	14	36.9 to 37.6	51
7.8 to 8.5	15	37.7 to 38.4	52
8.6 to 9.3	16	38.5 to 39.2	53
9.4 to 10.1	17	39.3 to 40.0	54
10.2 to 10.9	18	40.1 to 40.8	55
11.0 to 11.7	19	40.9 to 41.6	56
11.8 to 12.5	20	41.7 to 42.4	57
12.6 to 13.3	21	42.5 to 43.2	58
13.4 to 14.2	22	43.3 to 44.0	59
14.3 to 15.0	23	44.1 to 44.8	60
15.1 to 15.8	24	44.9 to 45.6	61
15.9 to 16.6	25	45.7 to 46.4	62
16.7 to 17.4	26	46.5 to 47.2	63
17.5 to 18.2	27	47.3 to 48.1	64
18.3 to 19.0	28	48.2 to 48.9	65
19.1 to 19.8	29	49.0 to 49.7	66
19.9 to 20.6	30	49.8 to 50.5	67
20.7 to 21.4	31	50.6 to 51.3	68
21.5 to 22.2	32	51.4 to 52.1	69
22.3 to 23.0	33	52.2 to 52.9	70
23.1 to 23.8	34	53.0 to 53.7	71
23.9 to 24.6	35	53.8 to 54.0	72

Women's - 48

Course Rating™: 72.8
Slope Rating®: 133 - Par: 71

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.6	+4	24.4 to 25.2	31
+4.5 to +3.7	+3	25.3 to 26.0	32
+3.6 to +2.9	+2	26.1 to 26.9	33
+2.8 to +2.0	+1	27.0 to 27.7	34
+1.9 to +1.2	0	27.8 to 28.6	35
+1.1 to +0.3	1	28.7 to 29.4	36
+0.2 to 0.5	2	29.5 to 30.3	37
0.6 to 1.4	3	30.4 to 31.1	38
1.5 to 2.2	4	31.2 to 32.0	39
2.3 to 3.1	5	32.1 to 32.8	40
3.2 to 3.9	6	32.9 to 33.7	41
4.0 to 4.8	7	33.8 to 34.5	42
4.9 to 5.6	8	34.6 to 35.4	43
5.7 to 6.5	9	35.5 to 36.2	44
6.6 to 7.3	10	36.3 to 37.1	45
7.4 to 8.2	11	37.2 to 37.9	46
8.3 to 9.0	12	38.0 to 38.8	47
9.1 to 9.9	13	38.9 to 39.6	48
10.0 to 10.7	14	39.7 to 40.5	49
10.8 to 11.6	15	40.6 to 41.3	50
11.7 to 12.4	16	41.4 to 42.2	51
12.5 to 13.3	17	42.3 to 43.0	52
13.4 to 14.1	18	43.1 to 43.9	53
14.2 to 15.0	19	44.0 to 44.7	54
15.1 to 15.8	20	44.8 to 45.6	55
15.9 to 16.7	21	45.7 to 46.4	56
16.8 to 17.5	22	46.5 to 47.3	57
17.6 to 18.4	23	47.4 to 48.1	58
18.5 to 19.2	24	48.2 to 49.0	59
19.3 to 20.1	25	49.1 to 49.8	60
20.2 to 20.9	26	49.9 to 50.7	61
21.0 to 21.8	27	50.8 to 51.5	62
21.9 to 22.6	28	51.6 to 52.4	63
22.7 to 23.5	29	52.5 to 53.2	64
23.6 to 24.3	30	53.3 to 54.0	65

Women's - 31

Course Rating™: 62.8
Slope Rating®: 112 - Par: 71

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.4	+13	24.0 to 24.9	16
+4.3 to +3.4	+12	25.0 to 25.9	17
+3.3 to +2.4	+11	26.0 to 26.9	18
+2.3 to +1.4	+10	27.0 to 27.9	19
+1.3 to +0.4	+9	28.0 to 28.9	20
+0.3 to 0.7	+8	29.0 to 29.9	21
0.8 to 1.7	+7	30.0 to 30.9	22
1.8 to 2.7	+6	31.0 to 31.9	23
2.8 to 3.7	+5	32.0 to 32.9	24
3.8 to 4.7	+4	33.0 to 34.0	25
4.8 to 5.7	+3	34.1 to 35.0	26
5.8 to 6.7	+2	35.1 to 36.0	27
6.8 to 7.7	+1	36.1 to 37.0	28
7.8 to 8.7	0	37.1 to 38.0	29
8.8 to 9.7	1	38.1 to 39.0	30
9.8 to 10.7	2	39.1 to 40.0	31
10.8 to 11.8	3	40.1 to 41.0	32
11.9 to 12.8	4	41.1 to 42.0	33
12.9 to 13.8	5	42.1 to 43.0	34
13.9 to 14.8	6	43.1 to 44.0	35
14.9 to 15.8	7	44.1 to 45.0	36
15.9 to 16.8	8	45.1 to 46.1	37
16.9 to 17.8	9	46.2 to 47.1	38
17.9 to 18.8	10	47.2 to 48.1	39
18.9 to 19.8	11	48.2 to 49.1	40
19.9 to 20.8	12	49.2 to 50.1	41
20.9 to 21.8	13	50.2 to 51.1	42
21.9 to 22.9	14	51.2 to 52.1	43
23.0 to 23.9	15	52.2 to 53.1	44
		53.2 to 54.0	45